

### Research Article

# Isolation and Identification of pathogenic *Listeria monocytogenes* from diarrhoeal cases in human infants and young animals

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#### **ABSTRACT**

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Key Words: *Listeria monocytogenes*, febrile gastroenteritis, human infants, young animals, pathogenic, serogroup.

Studies addressing isolation of *Listeria monocytogenes* from febrile gastroenteritis cases are very sparse. In the present study sporadic febrile diarrheal cases in human infants (less than 5 years of age) and young animals (0 - 6 months) were initially analyzed for isolation of L. monocytogenes. The isolates recovered were further characterized for their virulence potential using in vitro and in vivo pathogenicity tests and serogrouping by multiplex serotyping PCR. A total of 315 diarrhoeal samples (165 human infants and 150 young animals) were collected and analyzed for isolation of L. monocytogenes. On microbiological and biochemical analysis, four L. monocytogenes isolates were identified, two each from human infants and piglet respectively. The overall isolation rate of *L. monocytogenes* was very low in human infants (1.2%) and piglets (1.3%); however all the isolates were found to be highly pathogenic when assessed using in vitro and in vivo assays. Further, serotyping revealed that all the four L. monocytogenes isolates. belonged to serogroup 4b, 4d, 4e, which is a matter of great concern as serovar 4b in particular, is generally associated with listerial foodborne outbreaks worldwide. To conclude, isolation of pathogenic L. monocytogenes from sporadic febrile diarrheal cases (human infants and piglets) appears to be the first report in India. Thus, from future human and animal health perspective, due consideration should be imposed for either isolation or detection of L. monocytogenes from febrile gastroenteritis cases.

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#### INTRODUCTION

In developed countries, food-borne pathogens are responsible for causing millions of gastrointestinal cases each year (Iyer et al., 2013), while in developing countries, these pathogens are responsible for causing approximately 1.8 million death annually (WHO 2013). The overall incidence of Listeria species is rather low if compared to other foodborne pathogens such as Salmonella species, Campylobacter species, Vibrio species and Shigella species (Barbuddhe and Chakraborty, 2009). However, the case fatality rate associated with listerial cases is as high as 30% (Liu, 2006). Listeriosis caused by Listeria monocytogenes, is a severe foodborne disease characterized by bacteremia and meningoencephalitis in neonates, individuals with impaired cell-mediated immunity, elderly persons, and immunosuppressed patients and pregnant woman (Barbuddhe, et al., 2012).

Listeriosis in general is considered to be invasive in nature exhibiting neural, visceral and reproductive

disorders particularly in various species of animals and humans (Barbuddhe and Chakraborty, 2009). Although, antecedent diarrhoea has been reported in invasive form of listeriosis (Schwartz et al, 1989), however in recent past it has been convincingly proven that L. monocytogenes can cause a non-invasive acute, self-limiting, febrile gastroenteritis in healthy individuals including immunocompromised hosts (Ooi and Lorber, 2005). After ingestion of L monocytogenes through contaminated food, the intestinal tract serve as a major portal of entry, wherein L. monocytogenes penetrate the mucosal tissue either directly, via invasion of enterocytes, or indirectly, via active penetration of the Peyer's patches. Thus the onset of clinical symptoms generally occurs 24 h after ingestion of very high inoculum of L. monocytogenes and the symptoms usually lasts for 2 days (Barbuddhe and Chakraborty, 2009). The major clinical symptoms include diarrhoea, abdominal pain and cramps, headache, fever, muscle and joint pain. As the symptoms are often mild in nature, majority of listerial gastroenteritis either undergoes



unnoticed or are often unreported. Even today, the incidence data of listerial gastroenteritis is unavailable with the food surveillance agencies such as FoodNet, because during routine investigation of stool cultures, *L monocytogenes* is never considered as a vital pathogen responsible for febrile gastroenteritis. As a result there are only few reports of outbreaks of febrile listerial gastroenteritis (Dalton et al., 1994; Salamania et al, 1996; Riedo et al, 1994; Aureli et al, 2000; Ooi and Lorber, 2005). These outbreaks are generally involved due to ingestion of high doses of *L monocytogenes* by otherwise healthy individuals or young infants (Barbuddhe and Chakraborty, 2009).

The present study appears to be the first report in India on isolation of pathogenic *L monocytogenes* from human infants and piglets suffering from diarrhoea. The

pathogenic potential of the recovered isolates was assessed using *in vitro* and *in vivo* tests. Also, serogroup identification of the isolates was carried using multiplex serotyping PCR.

#### MATERIALS AND METHODS

#### Bacteria

The standard culture of *Listeria monocytogenes* (MTCC 1143), was procured from Microbial Type Culture Collection Centre, Institute of Microbial Technology (IMTECH), Chandigarh, India. The standard *L. monocytogenes* (MTCC 1143) was assessed for its purity using recommended microbiological and biochemical tests. The standard strain was maintained in the laboratory by monthly sub culturing on Brain heart infusion slants.

Table 1: Details of the samples collected from human diarrhoeal cases

Age (Years)		Maharashtra (Nagpur)			Kerala (Ernakulam)			Uttar Pradesh (Bareilly)		
	M	F	T	M	F	T	M	F	T	
0-1	49	20	69	12	13	25	10	9	19	
1-2	2	-	2	4	2	6	6	4	10	
2-3	2	-	2	3	2	5	-	2	2	
3-4	1	2	3	-	-	-	5	3	8	
4-5	-	4	4	2	-	2	7	1	8	
Total			80			38			47	
							Total nu	mber of san	ples = 165	

M- Male; F- Female; T- Total

#### Samples

Diarrhoeal stool samples were collected from human infants and young animals of different species (canine, caprine, bovine, ovine, porcine and feline). The details of sample collected are presented in Table 1 and 2. A total of 315 stool samples were collected from 165 human infants and 150 young animals suffering from diarrheal problems.

The stool samples were collected aseptically using *Listeria* Transport swabs (HiMedia Labs, Mumbai, India). All the collected samples were immediately transported to the laboratory under chilled conditions and processed further for the isolation and identification studies.

Table 2: Details of the samples collected from animal diarrhoeal cases

Species	Maharashtra (Nagpur)			(E	Kerala rnakulam	)	Uttar Pradesh (Bareilly)			
	M	F	T	M	F	T	M	F	T	
Caprine	1	5	6	2	4	6	16	10	26	
Bovine	20	8	28	5	9	14	12	8	20	
Canine	3	1	4	8	6	14	5	5	10	
Feline	-	-	-	1	-	1	-	-	-	
Porcine	8	5	13	4	4	8	-	-	-	
Total			51			43			56	

Total number of samples = 150

M- Male; F- Female; T- Total

#### Isolation and Identification of L. monocytogenes

Isolation of *Listeria* spp. was attempted as per USDA–FSIS method (USDA, 2013). In brief the faecal swabs were aseptically inocualted in 10 ml of University of Vermont Medium (UVM)–1 supplemented with acriflavin and nalidixic acid, and incubated at 37°C for 18–24hours. Further, UVM-1 enriched inoculums (0.lml) was inoculated in 10 ml of UVM2 and incubated again at 37°C for 24 hours. The enriched UVM-2 broth was then streaked on PALCAM agar (HiMedia Labs, Mumbai, India) plate for selective isolation of *Listeria* spp. colonies.

The typical grayish-green glistening pin point colonies of about 0.5 mm diameter surrounded by a diffuse black zone of aesculin hydrolysis were presumptively identified as Listeria spp. The presumed colonies of Listeria spp. (at least 3/plate) were further confirmed by biochemical tests such as Gram's staining, catalase reaction, tumbling motility at 20–25°C, methyl red-Voges Proskauer (MR-VP) reactions, nitrate reduction and fermentation of sugars (rhamnose, xylose, mannitol and  $\alpha$ - methyl-D-mannopyranoside).



## InVitro Pathogenicity Testing of L. monocytogenes Isolates

The biochemically confirmed *L. monocytogenes* isolates were subjected to *in vitro* pathogenicity tests which includes hemolytic titre assay, Phosphatidylinositol phospholipase

C (PI-PLC) activity on Agar Listeria according to Ottaviani and Agosti medium (ALOA) and a multiplex PCR targeting crucial virulence associated genes (prfA, plcA, hly, actA)

Table 3: Nucleotide sequences of the primer sets used in the study

Target gene	Primer sequence	Product size (bp)	Reference
plcA	F: 5'-CTGCTTGAGCGTTCATGTCTCATCCCCC-3' R: 5'-CATGGGTTTCACTCTCCTTCTAC-3'	1484	Notermans et al., 1991b
prfA	F: 5'CTGTTGGAGCTCTTCTTGGTGAAGCAATCG-3' R: 5'-AGCAACCTCGGTACCATATACTAACTC-3'	1060	Notermans et al., 1991b
hly	F: 5'-GCAGTTGCAAGCGCTTGGAGTGAA-3' R: 5'-GCAACGTATCCTCCAGAGTGATCG-3'	456	Paziak- Domanska et al., 1999
actA	F: 5'-CGCCGCGGAAATTAAAAAAAAGA-3' R: 5'- ACGAAGGAACCGGGCTGCTAG - 3'	839	Suarez and Vazquez- Boland, 2001

#### Hemolytic titre assay

The haemolytic titre of the *L. monocytogenes* isolates were measured as per the protocol described by Young et al. (1986). The hemolytic units were expressed as the reciprocal of highest dilution of toxin that is required to lyse 50% of erythrocytes compared to lysis obtained by distilled water.

#### PI-PLC Activity on ALOA Medium

ALOA medium (Hi-media Labs, Mumbai, India) was prepared as per manufacturer's instructions. On this medium all the *Listeria* spp. formed bluish green colonies due to the presence of a chromogenic compound X-glucosidase which detects  $\beta$ -glucosidase present in all *Listeria* spp. Pathogenic *Listeria* spp., can be distinguished from other *Listeria* spp. through the production of PI-PLC, which is detected by a substrate in the medium to form opaque halos around the colonies.

#### Multiplex PCR (mPCR) Targeting Virulence Associated Genes

The primers used for the multiplex PCR targeting virulence associated genes were procured from Sigma-Aldrich, USA. The details of primers are presented in Table 3. The chemical used in PCR master mix were procured from 3B Black Bio, Spain. The mPCR targeting virulence associated genes (prfA, plcA, hly, actA) was performed as per the method described by Rawool et al., (2007) with suitable modifications. In brief, the multiplex PCR assay was standardized in two sets, each set was performed in a 25µl reaction volume; containing 2.5µl of 10X PCR buffer (100mM Tris-HCl buffer, pH 8.3 containing 500 mM KCl, 15 mM MgCl2 and 0.01% gelatin), 3µl of 10 mM dNTP mix (a final concentration of 1 mM), 3µl of 25 mM MgCl2 (final concentration 7.5 mM) and 30µM of three primer sets (set 1: plcA, actA and hly and Set 2: prfA, actA, hly) @ 10 µM of each primer set, 3 units of Taq DNA polymerase (3B Black Bio, Spain), a single colony of Listeria as DNA template and sterilized nuclease free water to make up the reaction volume. The reaction was performed in Mastercycler Pro Thermocycler (Eppendorf, Germany). The cycling conditions for PCR included an initial denaturation at 95°C for 5 minutes followed by 35 cycles each of 15 seconds denaturation at 95°C, annealing at 60°C for 30 seconds and extension at  $72^{\circ}C$  for 1 minute 30 second, followed by a final extension of 10 minutes at  $72^{\circ}C$  and hold at  $4^{\circ}C$ . The resultant PCR products (10  $\mu$ l) were analysed by submarine gel electrophoresis, using 1.5% agarose gel stained with ethidium bromide (0.5 $\mu$ g/ml) and visualized and documented by UV Gel documentation system (UVP Gel Seq Software, England).

#### InVivo Chick Embryo Inoculation Test

The pathogenicity of the reference strains as well as the test isolates of *Listeria monocytogenes* was assessed by chick embryo inoculation test as per the method described by Notermans et al. (1991a). The isolates causing embryo mortality after 24 h of inoculation up till 5 days were considered to be pathogenic.

#### Multiplex Serotyping PCR

The multiplex serotyping PCR was performed for serogroup identification as per the protocol described by Doumith et al. (2004). The multiplex serotyping PCR divides *L. monocytogenes* strains into four distinct serogroup: 1/2a, 1/2c, 3a, 3c; 1/2c, 3c; 1/2b, 3b, 4b, 4d, 4e and 4b, 4d, 4e. The primers used for multiplex PCR serotyping were synthesized from Eurofins Genomics (Bengaluru, India).

#### RESULTS

On microbiological analysis of 315 diarrhoeal stool samples (165 human infants and 150 young animals), 80 human and 76 animal faecal swabs revealed typical colonies with aesculin hydrolysis on PALCAM agar plates. Further, on morphological and biochemical characterization, 4 *L. monocytogenes* isolates were identified. Of the four *L. monocytogenes* isolates, two were isolated from human faecal swabs and two from porcine faecal swabs. The overall isolation rate of *L. monocytogenes* in human infants and young animals was found to be 1.2% and 1.3% respectively. None of the samples from bovine, caprine, canine and felines were found positive for *L. monocytogenes*.

All the 4 *L. monocytogenes* isolates recovered in the present study were assessed for their pathogenic potential using *in vitro* as well as *in vivo* tests. The isolates were subjected to *in vitro* pathogenicity tests viz., hemolytic titre assay, PI-PLC activity on ALOA medium and a multiplex



Table 4: Pathogenicity profile of Listeria monocytogenes isolates recovered from diarrheal cases from human infants and young animals.

			Pathogenicity profile of <i>Listeria monocytogenes</i> isolates <i>In vitro</i> tests						InVivo tests
Isolate ID	Place	Hemolytic	PI-PLC	PCR Profile of Virulence associated genes				-	
	Isolate	Titre	on ALOA	hly	plcA	prfA	actA	Chick embryo lethality	
PKLM1	Kerala	Porcine	32	+++	+	+	+	+	+
PKLM2	Kerala	Porcine	16	+++	+	+	+	+	+
HMHM32	Maharashtra	Human	16	+++	+	+	+	+	+
HGOM36	Goa	Human	8	++	+	+	+	+	+

PCR targeting virulence associated genes (prfA, plcA, hly, actA) as well as to in vivo chick embryo inoculation test.

On screening the 4 *L. monocytogenes* isolates (PKLM1, PKLM2, HMHM32 HGOM36) with hemolytic titer assay, of the two porcine isolates, one (PKLM1) was found to be highly hemolytic revealing a hemolytic unit of 32, whereas the other porcine isolate (PKLM2) was revealing a moderate (16) hemolytic unit. With regard to two human infant isolates, moderate (16) hemolytic unit was observed for one of the human isolate (HMHM32), while the other human isolate (HGOM36) revealed a hemolytic unit of 8. Similar results were also observed with regards to PI-PLC activity, as the porcine isolates (PKLM1 and PKLM2) and

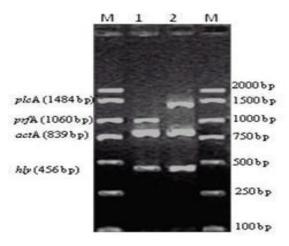


Figure 1: Standardized multiplex PCR (mPCR) for detection of virulence associated genes: Lane M-1Kb plus DNA ladder, Lane 1: Set 2 revealing amplification of prfA, actA and hly genes, Lane 2: Set 1 revealing amplification of plcA, actA and hly genes

one human isolate (HMHM32) revealed prominent PI-PLC activity on ALOA medium within 24 hours of incubation, while one of the human isolate (HGOM36) showed moderate PI-PLC activity after 72 h of incubation (Table 4). On employing all the 4 *L. monocytogenes* isolates to the standardized multiplex PCR targeting virulence associated genes (Figure 1), all the 4 isolates revealed amplified products for all the virulence associated genes targeted in the present study (Table 4). *L. monocytogenes* MTCC 1143 was used as a positive control for all the tests. On comparing the results of *in vitro* pathogenicity tests with an

in vivo chick embryo inoculation test, a good correlation was observed. The two porcine *L monocytogenes* isolates (PKLMI, PKLM2) and one human isolate (HMHM32) killed the chick embryos within 24-36 h post inoculation, while the remaining one *L monocytogenes* isolate from human (HGOM36) killed the chick embryo within 48-72h post inoculation (Table 4).

The serogrouping of all the 4 *L. monocytogenes* isolates was carried out using multiplex serotyping PCR. On PCR analysis it was observed that all the isolates belonged to the serogroup 4b, 4d, and 4e. Among serogroup 4b, 4d and 4e, serovar 4b in particular have been widely reported to be associated with several listerial outbreaks.

#### DISCUSSION

L. monocytogenes has been associated with major foodborne outbreaks globally but yet there is insufficient data regarding isolation and identification of pathogenic L. monocytogenes from febrile listerial gastroenteritis. Recent investigations of food-borne outbreaks provided evidences that febrile gastroenteritis may indeed be the main clinical manifestation of infection caused by L. monocytogenes (Ooi and Lorber, 2005). Many patients experience antecedent diarrheoa in case of invasive listeriosis, however in recent past it was efficiently convinced that L. monocytogenes can cause an acute, self-limiting, febrile gastroenteritis in healthy individuals, which usually lasts for 2 days (Barbuddhe and Chakraborty, 2008). Over the last 20 years, so far only seven outbreaks of food-borne gastroenteritis due to L. monocytogenes infection have been reported (Schuppler and Loessner, 2010).

In India listeriosis is not a notifiable disease and also the epidemiological data available on listeriosis is not adequate for assessing the extent of infection in human beings and animals (Barbuddhe et al., 2012). The disease largely remains undiagnosed and under reported, largely due to the lack of a reliable, rapid and simple diagnostic test (Barbuddhe et al., 2012). Besides this, during routine stool sample examination *L. monocytogenes* is often ignored or not considered as a possible cause of febrile gastroenteritis. Therefore, the present study was undertaken to explore the isolation and identification of *L. monocytogenes* from spontaneous diarrheal cases in human infants and young animals.



In the present study, 4 L monocytogenes isolates were isolated and identified. Of the 4 L. monocytogenes isolates, two were isolated from human infants and two from porcine respectively. Similar reports of isolation from febrile human listerial gastroenteritis cases have been reviewed (Ooi and Lorber, 2005; Schuppler and Loessner, 2010). Globally, there are no reports of isolation of L. monocytogenes from animal diarrheal cases. Thus, to the best of our knowledge, our finding appears to be the first report on isolation of L. monocytogenes from febrile diarrheal cases in piglets. Further, we were not successful in isolating L. monocytogenes from other species namely caprine, bovine, canine and feline, may be because the number of samples analyzed were very few or may be those species of animals were suffering from diarrheoa due to other etiological agents. Hence, before giving any recommendations, it would be wise to analyze more number of samples from above mentioned species having febrile gastroenteritis symptoms. The exact mechanism by which *L. monocytogenes* causes diarrheoa is yet unknown (Ooi and Lorber, 2005), however it has been reported that the organisms are well adapted to the conditions in the gastrointestinal tract and pursue different strategies to counteract changes in acidity, osmolarity, oxygen tension, or the challenging effects of antimicrobial peptides and bile. Besides this, L monocytogenes are able to colonize and persist in the gallbladder for long-term resulting in chronic infections, which demonstrates their pathogenic ability to survive within the various microenvironments of the gastrointestinal tract (Schuppler and Loessner, 2010). Moreover, the adherence and invasive mechanism of L. monocytogenes responsible for causing febrile gastroenteritis has been extensively reviewed by Schuppler and Loessner (2010).

The occurrence of listeriae in nature is ubiquitous and therefore the possibility of cross contamination during collection of samples cannot be ruled out. Also L monocytogenes exists and multiplies as a saprophytic organism in the soil, plants, sewage as well as river water (Anonymous, 1991; Farber and Peterkin, 1991). Besides, large number of Listeria isolates of various kinds (haemolytic and pathogenic, haemolytic and nonpathogenic as well as nonhemolytic and non-pathogenic), types (typical and atypical) and origin (clinical, food, environment, feed etc.) exits in clinical as well as surrounding environmental sources (Shoukat et al., 2013). Therefore, in order to link up the isolated *L. monocytogenes* as a possible cause of diarrhoea, they were assessed for their pathogenic potential. Usually the pathogenicity of L monocytogenes depends on its ability to survive and multiply in the macrophages and other host cells (Vazquez-Boland et al., 2001). After internalization, virulent L. monocytogenes produces listeriolysin O (LLO) and PI-PLC which cause the lysis of phagosomal membrane and thus it comes in the cytosol from where it spreads from cell-to-cell with the aid of actin filaments (Vazquez-Boland, et al., 2001). Therefore, hemolysis is an important characteristic that seems to be directly related to the pathogenicity of listeriae since nonhemolytic Listeria spp. are considered as non-pathogenic (Courteiu, 1991). In view of above LLO being an important virulent marker, we assessed the hemolytic (LLO) titre of

the recovered L. monocytogenes isolates. The hemolytic titre assay revealed that of the 4 L. monocytogenes isolates, three isolates (PKLM1, PKLM2 and HMHM32) were exhibiting high to moderate hemolytic titers except for one L. monocytogenes isolate (HGOM36) which suggests that these L. monocytogenes isolates may have the potential of causing febrile gastroenteritis. However, it is advisable to perform an alternative in vitro test such as detecting PI-PLC activity on ALOA medium. This method besides detecting PI-PLC activity also allows discrimination between the pathogenic species of Listeria from the non-pathogenic listeriae (Aurora et al., 2008). In the present investigation almost similar observation were seen for PI-PLC activity on ALOA medium as that observed for hemolytic titre for the recovered L. monocytogenes isolates. Similar results were also reported by several researchers (Shakuntala et al., 2006; Rawool et al., 2007; Kaur et al., 2009; Shoukat et al., 2012).

Studies addressing PCR based detection of a single virulence associated gene is neither sufficient to identify the isolate nor to reveal its true pathogenic potential (Nishibori et al., 1991; Shakuntala et al., 2006; Rawool et al., 2007a). Also detection of hly and plcA gene by PCR in L. monocytogenes isolates is not sufficient to elucidate the true pathogenic potential, because both the gene are regulated by a key regulator gene i.e., prfA (Shakuntala et al., 2006; Kaur et al., 2007; Rawool et al., 2007b; Aurora et al., 2008). In addition, other genes such as actA, internalins and several other virulent associated genes do play an essential role in pathogenesis of this bug. Practically, it is not possible to study all and hence in the present study four important virulence associated genes viz., prfA, plcA, actA, and hly were attempted in multiplex PCR format. In the present investigation all the four isolates of L. monocytogenes revealed amplification of all the four virulence associated genes, suggesting that the recovered isolates could be potentially pathogenic in nature. Similar observation has been reported, wherein L. monocytogenes isolates harboring prfA, plcA and hly are generally pathogenic in vivo model of infections (Shakuntala et al., 2006; Kaur et al., 2007; Rawool et al., 2007a; Aurora et al., 2008; Shoukat et al.,

Virulence of *Listeria* spp. by *in vivo* method is often assessed by lethality in adult mice by intraperitoneal route (Chakraborty and Goebel, 1988) and/or by chick embryo inoculation by chorio-allantoic membrane (CAM) route (Notermans et al., 1991a). However, the mouse inoculation assay is objectionable from an ethical point of view; the virulence potential of recovered isolates was studied by chick embryo inoculation test. It was observed that all the four *L. monocytogenes* isolates were found to be pathogenic, as death was evidenced in all the inoculated chick embryos. The results are in completed agreement with earlier studies (Shakuntala et al., 2006; Kaur et al., 2007; Rawool et al., 2007a; Aurora et al., 2008; Shoukat et al., 2013).

Serotyping performed using molecular methods is an effective and an alternative choice to traditional seroagglutination methods, which are both time-consuming and expensive, with lower reproducibility of results (Zhang et al., 2004). In order to explore the serogroup of the recovered *L. monocytogenes* isolates, multiplex serotyping PCR was performed as described by



Doumith et al., (2004). In the present study all the test isolates belonged to the serogroup 4b, 4d and 4e. In this serogroup, serovar 4b in particular has been widely reported in several outbreaks of foodborne listeriosis (Ward et al., 2010; Liu, 2006). Our results are also in agreement with the reports of febrile gastroenteritis outbreak in northern Italy which have revealed the presence of serotype 4b (Aureli et al., 1997).

To conclude, isolation of pathogenic *L. monocytogenes* from sporadic gastroenteritis cases suffering from diarrhoea appears to be the first report in India. Thus, from future human and animal health perspective, isolation or detection of *L. monocytogenes* must be considered while analyzing samples of febrile gastroenteritis. Besides this, the incidence rate and factors that govern the onset of this non-invasive form are yet unexplored, and therefore to have better understanding of febrile non-invasive gastroenteritis, proper risk assessment studies are required to address this key issue.

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